

Client name:

Keyworker:

Date: / /

Substance Use — The Good, the Bad & the Ugly

How do drugs and alcohol make you feel physically?

Emotionally?

How do they help you deal with issues and problems?

For your physical health?

For your mental health?

What drives you to use drugs and alcohol or to get money for them?

What problems has your substance use caused?

How is it sociable or does it relieve boredom?

Are there any other reasons?

For your education or employment?

Legally?

How useful was this map and discussion?

NOT Useful 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10 VERY Useful