

Client name:

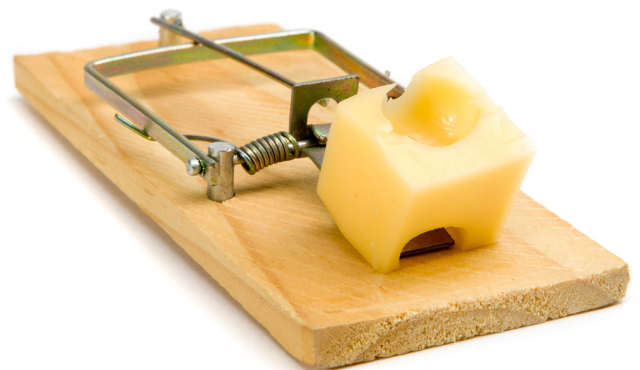
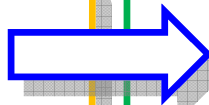
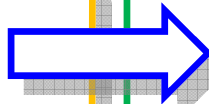
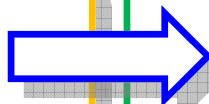
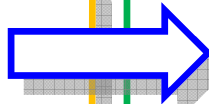
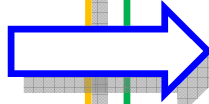
Keyworker:

Date: / /

# Changes I want to make in my life

In the boxes below write down up to five changes that you want to make in your life or have already made.

What things lead you to doing this in the first place and what could stop you maintaining changes in the future?



How useful was this map and discussion?

NOT Useful 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10 VERY Useful