

Client name:

Keyworker:

Date: / /


# My Health

**Current Problems**

**Problems in the Past**

**Problems that Run in My Family**


**Current Medication**




**Diet and Exercise**



**Alcohol and Tobacco**



**Other**

**Weight**



How useful was this map and discussion?

NOT Useful 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10 VERY Useful