

Client name:

Keyworker:

Date: / /

# Concerns About Health



My health concerns are:

Getting ill would mean:

I can help myself stay well by:

I can help others stay well by:

**Concerns about getting help**

My concerns about treatment or testing are:

My concerns about getting help are:

If I've started burying my head in the sand, things that would help now are:

How useful was this map and discussion?

NOT Useful 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10 VERY Useful