

Client name:

Keyworker:

Date: / /

Challenging Stereotypes

These are the things that led me to feel the way I do:

This is how I would describe my attitude / stereotype about:

This is how having this attitude influences me and my actions:

This is what would make my attitude more negative:

This is what I would do to make my attitude more positive:

This is how having a more negative attitude would influence me and my actions:

This is how having a more positive attitude would influence me and my actions:

How useful was this map and discussion?

NOT Useful 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10 VERY Useful