

Client name:

Keyworker:

Date: / /

Attitudes

These are things that led me to feel the way that I do

②

This is how I would describe my attitude about _____

①

This is how having this attitude influences me and my actions

③

This is what I would do to make my attitude more **negative**:

④

This is what I would do to make my attitude more **positive**:

④

This is how having a more **negative** attitude would influence me and my actions:

⑤

This is how having a more **positive** attitude would influence me and my actions:

⑤

How useful was this map and discussion?

NOT Useful 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10 VERY Useful

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